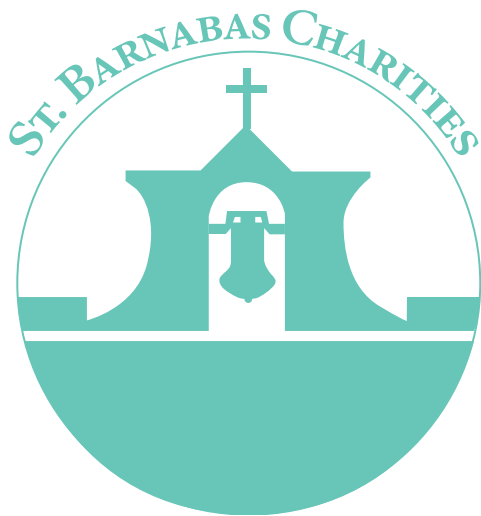


32ND ANNUAL FREE CARE 5K

SATURDAY, AUGUST 5, 2023 • 9 AM
ST. BARNABAS GIBSONIA CAMPUS



REGISTER TODAY!

**Participants receive a race t-shirt
& runner's bag!**

- Minutes from North Park on Meridian Road
- Rolling 3.1 mile out and back course
- ChampionChip Timing
- Runners, walkers - all are welcome!
- Cash prizes and medals for top finishers
- USA Track and Field certified
- Post race party and food!

Presented by
Paracca
INTERIORS
FlooringAmerica®

FreeCare5K.com
724.625.3770

5850 Meridian Road
Gibsonia, PA 15044

Scan with phone camera to register

